## Your Kit Includes:

$4 \times$ long spiral ground pegs with
$4 \times$ shackles
$2 \times 75 \mathrm{~mm}$ pressure treated posts with:
$6 \times$ small screw eyes
$2 x$ welded screw eyes
$4 \times$ guy ropes
$4 \times$ guy rope tensioners
$1 \times$ overhead support rope
$2 \times$ hammock end ropes

## You Will Also Need:

$1 \times$ bar to wind in ground pegs
$1 \times$ measuring tape for floor plan

## ErectionSequence:

1) Use a measuring tape to mark the points A-F as shown in Fig 2.

2) Use the bar to install the four ground pegs at positions $A, B, E$, and F by twisting them in vertically. You can start them off by making a hole with a screwdriver. Do not use excessive force or you will shear the spiral. If they do not install readily, try backing off slightly and retrying. You could also wet the ground to soften the earth. If you do hit an obstruction you will need to relocate the peg. Ensure that the pegs are fully inserted with the top plates in contact with the ground and the heads pointing roughly to where the post top will be, as shown in Fig 4.
3) Connect the shackles to join the guy lines to the ground pegs.
4) Get a friend to support one of the posts so that it's base is at point C and use the tensioners to adjust the guy lengths so that a pyramid is formed by the guys and post.
5) Whilst still supporting the first post move the 2nd post so that it's base rests on point $D$ and tighten the guys at this end as before.
6) Adjust the tensioners so that the stand is symetrical and the posts are vertical when viewed end on.
7) Use the hammock ropes supplied and the hammock knot shown in our handbook to hang your hammock from the welded eyes. Hang the hammock relatively high at first and gently ease your weight onto it. The new rig ropes will give a little initially and the tensioners should be adjusted so that the overhead support rope is taut when the rig is not in use. When in use the overhead rope will slacken slightly - this is normal.
8) HINT: If you hear or feel excessive creaking from the ropes when the hammock is in use, try spraying some WD40 onto the welded eyes. This reduces friction and results in a smoother motion.



Try to position the spiral peg head so that it is in line with the guy rope


Fig 4

